

# District 9 4-H Leadership Lab Guidelines

## June 11-13, 2024

### Camp Lone Star Pines – Tomball

<b>EVENT INFORMATION</b>	Leadership Lab is a three-day, two-night leadership training for 4-H youth. Leadership Lab is designed to prepare District 9 4-H members for various leadership roles at the county, district, and state level. Participants gain valuable knowledge and skills they can take home and implement in their local county 4-H program. By combining work and play, activities are designed to explore creativity in leadership roles, enhance team building skills, and develop communication and public speaking skills.
<b>LOCATION</b>	District 9 4-H Leadership Lab will be held at Camp Lone Star Pines in Tomball, TX.
<b>THEME</b>	The theme for Leadership Lab 2024 is the Wild West” Activities will be coordinated around this theme.
<b>COST</b>	\$215.00/person for 4-H members and county Extension agents. <b>No refunds will be given.</b> The cost covers lodging, meals, a t-shirt, and activity fees (unless otherwise indicated). Counties/parents/guardians are responsible for transportation to and from Leadership Lab facilities. *Drop off will be at Camp Lone Star Pines - 22610 Tuwa Rd. Tomball, TX 77375
<b>REGISTRATION</b>	All participants, chaperones, and agents MUST register on <b>4-H Online (<a href="https://v2.4honline.com">https://v2.4honline.com</a> ) May 1 – 15, 2024</b> . Late registration will be accepted through May 20th for an additional \$25.00 (total of \$240.00).
<b>AGE REQUIREMENT</b>	All senior aged youth (grades 9th- 12 <sup>th</sup> as of August 31, 2023) may participate, including graduating 2024 seniors. Youth that have completed the 8 <sup>th</sup> grade as of Leadership Lab dates may also participate.
<b>DRESS CODE</b>	Attire for Leadership Lab is casual but 4-H appropriate. Items not allowed: *tops with spaghetti straps, halter type tops, shirts that reveal the midriff, excessively loose-fitting pants or jeans, short shorts or

	<p>skirts, clothing advertising or referencing alcohol, drugs, violence or having sexual content. * Two-piece swimsuits are allowed but should adequately cover all body parts. We will end Leadership Lab with a lunch banquet, bring nice dress clothes this event.</p>
<p><b>WHAT TO BRING</b></p>	<ul style="list-style-type: none"> <li>• Bedding (pillow, sheets, and blankets), towels, washcloths, shower shoes, and any personal items needed. <i>All participants (youth and adults) will be housed in cabin/lodge facilities.</i></li> <li>• Clothes and shoes for active sports, swimsuits, water shoes, outdoor recreation and nightly dances.</li> <li>• Light jacket or sweater in case of inclement weather or cold classrooms.</li> <li>• Tennis shoes, boots or some other closed toe shoes that can get WET and DIRTY.</li> <li>• <b>Beach towel</b>, <b>sunscreen</b>, <b>hat</b>, and <b>mosquito spray</b></li> <li>• <i>Please do not bring valuable electronic equipment.</i></li> <li>• <i>A plastic bag or clothes bag to take home any wet clothes</i></li> <li>• Community Service – Bring fleece tie blankets to work on.</li> </ul>
<p><b>MEDICAL INFORMATION</b></p>	<p>Each participant (youth AND adults, including CEAs) is required to bring the following forms with them to Leadership Adventure:</p> <ul style="list-style-type: none"> <li>• Waiver, Indemnification and Authorization for Medical Treatment Form</li> <li>• Health and Safety Statement</li> <li>• Authorization to Dispense Medication</li> <li>• Consent &amp; Waiver Form for Over-the-Counter Medication</li> <li>• Camps Liability Waivers</li> </ul> <p><b>Forms should be completely filled out, including ALL SIGNATURES</b></p> <p><b>One set for the District office to keep on file and one for traveling purposes if traveling with someone other than your parent/guardian. (One copy with original signatures and the 2<sup>nd</sup> copy may be a Xerox copy of the original)</b></p>
<p><b>OFFICER ELECTIONS</b></p>	<ul style="list-style-type: none"> <li>• Elections will be conducted at Leadership Lab on Wednesday, June 12, 2024</li> <li>• All nominees must complete and submit the officer nomination form (application), through their County Extension office, to the District Office by 5:00 p.m. May 22, 2024.</li> <li>• Criteria for District 9 4-H Council nomination is on the form;</li> </ul>

	<p>please note the eligibility, age and enrollment requirements</p> <ul style="list-style-type: none"><li>• Each County may submit only 3 candidates, and have only 2 voting delegates (if they have 2 or more participants attending Leadership Lab)</li><li>• Everyone should be familiar with the District 9 Council By-laws.</li><li>• Any nominee running for a District officer is strongly encouraged to participate in the Pre-lab Q&amp;A (May 23, 2024 - virtual) to be considered as a teen leader during Leadership Lab. The link will be provided to all candidates running for office.</li><li>• Candidate interviews will be held on Tuesday, June 11<sup>th</sup> at lab and the Nomination form and by-laws can be found on the D9 Council Officer website or contact your county extension agent.</li></ul>
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