## DISTRICT 9 4-H FOOD SHOW RECIPE SUBMISSION PAPERWORK

CONTESTANT NAME:							COUNTY:		
CATEGORY Please check one	Appetizer		Main Dish		Side Dish	Healthy Dessert			
NAME OF RECIPE:									
PREP TIME:		COOK TIME:				COS	COST:		

By submitting the recipe, the contestant releases the recipe for use by Texas 4-H Youth Development and Texas A&M AgriLife Extension.