

Or guardian if participant is under the age of 18)



Texas 4-H Youth Development Program HEALTH AND SAFETY STATEMENT

Check one: Youth A	dult County:	
Event:	Event Dates:	
Section I. Participant Information		
First Name:	Date of Birth: Age	Gender:
Last Name:	Name of Physician:	
Address:	Physician's Number:	
City, State, Zip:	Date of last physical exam:	
Phone:		
Section II. Emergency Contact Infor	mation	
Name:	Home Phone:	
Address:	Work Phone:	
City, State, Zip:	Cell Phone:	-
Section III Health History (Chack th	e appropriate answer and explain any YES responses.)	
Have you had or do you currently ha	h h / /	Yes No
Do you frequently suffer from pains		Yes No
	ems you will need to have a physician's release.)	165 116
Do you often feel faint or have spells	•	Yes No
Has a doctor ever told you that you	might have high blood pressure:	Yes No
Are you a smoker:	Yes No	
Do you have arthritis, joint, or back	Yes No	
Have you had any operations or seri	Yes No	
Do you have any chronic recurring il Are there any activities to be limited	Yes No Yes No	
•	food or food ingredients, insects, or pollens:	Yes No
Do you have Epilepsy:		Yes No
Do you have Diabetes:		Yes No
Do you have any prescribed meal pla	an or dietary restrictions (explain)	Yes No
Any other health related information	n for 4-H personnel to be aware of:	Yes No
Section IV: Medications (ALL medica	ations must be in ORIGINAL container with ORIGINAL LABEL.)	
Are there prescribed or over-the-cou	unter medications currently being taken	Yes No
Section V. Insurance Information –	Please provide a copy of your insurance card.	
Do you carry family medical/hospita	l insurance?	Yes No
Carrier:	Policy	
Section VI. Release of Participant (I	f minor)	
	se of said minor child to the following person/people at the conclus	ion:
(please list all persons, including par	rents)	
Further I/Me require that said rains	whild NOT he veloced to the fellowing person /people at the same	alusian of the estivitus
ruitiler, if we require that said mind	or child NOT be released to the following person/people at the cond	ciusion of the activity:
Section VII. Health and Safety State		
	wers and statements are true and complete to the best of my knowled e used only by AgriLife Extension Staff or designated Volunteers for hea	
consent to the use of this information		and and salety reasons. Thereby
Signature of Participant:	Date:	

2022-2023 TEXAS 4-H YOUTH DEVELOPMENT PROGRAM

Program Name

CAMP & ENRICHMENT PROGRAM WAIVER, INDEMNIFICATION, AND MEDICAL TREATMENT AUTHORIZATION FORM

- 1. EXCULPATORY CLAUSE. In consideration for receiving permission to participate in any and all activities of Texas 4-H ("activity"), which is sponsored by Texas A&M AgriLife Extension Service and Texas 4-H Youth Development Program, ("sponsor"), a member of The Texas A&M University System, I hereby release, waive, covenant not to sue, and agree to hold harmless for any and all purposes sponsor, The Texas A&M University System, the Board of Regents for The Texas A&M University System, and their members, officers, agents, volunteers, or employees ("RELEASEES" or "INDEMNITEES") from any and all liabilities, claims, demands, injuries (including death), or damages, including court costs and attorney's fees and expenses, that may be sustained by me while participating in this activity, while traveling to and from the activity, or while on the premises owned, leased, or controlled by RELEASEES, including injuries sustained as a result of the sole, joint, or concurrent negligence, gross negligence, negligence per se, statutory fault, intentional torts, or strict liability of RELEASEES.
- 2. INDEMNITY CLAUSE. I am fully aware that there are inherent risks to myself and others involved with this activity, including but not limited to all events and activities, and I choose to voluntarily participate in this activity with full knowledge that the activity may be hazardous to me and my property, and to the person and property of others. I acknowledge there may be physically strenuous activities. I know of no medical reason why I should not participate. I agree to indemnify and hold harmless INDEMNITEES from any and all liabilities, claims, demands, injuries (including death), or damages, including court costs and attorney's fees and expenses, which may occur to myself, other participants, and third-persons as a result of my participation and conduct in this activity, including injuries sustained as a result of the sole, joint, or concurrent negligence, gross negligence, negligence per se, statutory fault, intentional torts, or strict liability of INDEMNITEES.
- 3. COVID-19. I expressly acknowledge the health risks and dangers associated with the transmission of the COVID-19 virus, and other communicable diseases, and recognize that exposure to the COVID-19 virus, or other communicable diseases, could occur while my child is in the care of sponsor. As such, and as additional consideration for participation in the activity, I understand the waiver and indemnity provisions in paragraphs (1) and (2) above apply to the possibility of COVID-19 community spread. I certify that prior to leaving my child in the care of the sponsor that my child: (a) has not been diagnosed or is suspected to have COVID 19, (b) does not have any of the coronavirus symptoms listed on the CDC's Symptoms of Coronavirus page, (c) has not in the past 14 days had close contact (less than six feet) with a person who has a lab-confirmed case of COVID-19, (d) has not in the past 14 days had close (less than six feet) contact with a person who is awaiting results of a COVID-19 test because of COVID-19 symptoms or exposure, or (e) in the past 14 days has not returned from international travel or traveled through an area with state or local restrictions that mandate quarantine upon arrival home. I also certify that each time I leave my child in the care of the sponsor, I have conducted a daily assessment on my child and that he/she is not exhibiting any of the above signs or symptoms of, or exposure to, COVID-19.
- 4. NO INSURANCE. I understand that RELEASEES do not maintain any insurance policy covering any circumstance arising from my participation in this activity or any event related to that participation. As such, I am aware that I should review my personal insurance coverage. Sponsor does not carry general liability insurance to cover claims arising from this activity so it seeks a waiver of claims as additional consideration for the right to participate so sponsor, a governmental unit of the State of Texas, can(a) provide the activity at the lowest possible cost to participants; and (b) provide access to a greater number of participants by expending limited resources on program materials rather than on liability insurance.
- 5. BINDS HEIRS. It is my express intent that this agreement shall bind the members of my family and spouse, if I am alive, and my heirs, assigns and personal representatives, if I am deceased, and shall be governed by the laws of the State of Texas.
- 6. MEDICAL AUTHORIZATION, INDEMNITY FOR MEDICAL EXPENSES, and WAIVER. I understand RELEASEES cannot be expected to control all of the risks associated with this activity and RELEASEES may need to respond to accidents and potential emergency situations. Therefore, I hereby give my consent for any medical treatment that may be required, as determined by a medical professional at the medical facility, during my participation in this activity with the understanding that the cost of any such treatment will be my responsibility. I agree to indemnify and hold harmless INDEMNITEES for any costs incurred to treat me, even if an INDEMNITEE has signed hospital documentation promising to pay for the treatment due to my inability to sign the documentation. I further agree to release, waive, covenant not to sue, and agree to hold harmless for any and all purposes, RELEASEES from any and all liabilities, claims, demands, injuries (including death), or damages, including court costs and attorney's fees and expenses, that may be sustained by me while receiving medical care or in deciding to seek medical care, including while traveling to and from a medical care facility, including injuries sustained as a result of the sole, joint, or concurrent negligence, negligence per se, gross negligence, statutory fault, intentional torts, or strict liability of RELEASEES.

- 7. NO STRICT RULES OF CONSTRUCTION. In the event of a dispute over the meaning or application of this agreement, it shall be construed fairly and reasonably and neither more strongly for nor against either party.
- 8. VOLUNTARY SIGNATURE. In signing this agreement I acknowledge and represent that I have read it, understand it, and sign it voluntarily as my own free act and deed; sponsor has not made and I have not relied on any oral representations, statements, or inducements apart from the terms contained in this agreement. I execute this document for full, adequate and complete consideration fully intending to be bound by the same, now and in the future. For youth engaging in extracurricular activities: I understand I can choose not to sign this document and free myself from its terms and the associated risks of the activity by simply not participating in the activity and choosing some other activity available to me that has a lower level of risk to me. I further understand this is a voluntary, extracurricular activity.

SIGNING THIS DOCUMENT INVOLVES THE WAIVER OF VALUABLE LEGAL RIGHTS. CONSULT YOUR ATTORNEY BEFORE SIGNING THIS DOCUMENT.			
Policy Number:			
,20			





Parent Guardian Authorization, Waiver, & Consent for Over-the-Counter Medication

Over-the-Counter (OTC) Medication may at times need to be administered, if approval is indicated by the youth's parent or guardian. Please complete the following section to save time if your child needs any of these OTC medications during her/his stay. Note: Unless we have parental authorization, we cannot administer ANY medications.

Date of Birth	Age	County		District
Name of Event Attending			Event Date(s)	
Please check the OTC medications that r	may be administered while	your child is	attending the event, if needed	i.
Ointments for minor wound care itch, anti-sting, antibiotic, sunbur	, first aid (Antiseptic, anti-		Milk of Magnesia, Pepto Bismol, or stomach or nausea as directed.	
Tylenol/Acetaminophen as direct	red		Calamine lotion for bug bites and p	poison ivy
Ibuprofen as directed			Micatin or anti-fungus treatment a	as directed for athlete's foot
Kaopectate or Imodium for diarri Rolaids or Tums for acid reflux, h directed			Visine or other eye drops for mino Actifed or Sudafed as directed for relief as directed	
Benadryl for swelling, hives, aller	gic reaction, as directed	-	Γhroat lozenges and/or spray as di	rected for sore throat
Medicated powder for skin irritat			Swimmer's ear drops as directed	
Hydrocortisone ointment as direct poison ivy, and insect bites	cted for mild skin irritations,		Bug repellent	
Robitussin or other cough syrup a	as directed		Gunscreen	
Other (list any other approved O	TCdrugs):			
Program staff reserve the right to use go above. I understand that such administr treatment may be given as needed. I un available to be administered immediate Any condition which is associated with f followed-up by a consultation with the streatment with any of the above over-the	ation will not be done und derstand that these over-tl ly. ever, significant inflammat student's parents. Parent/g	er the super he-counter n ion, and/or o guardian will	vision of medical personnel. I a nedications are not necessarily does not respond to the above be contacted if any conditions	lso agree that any first aid kept on hand and outlined treatment will b
I authorize the administration of over-thany all purposes program staff, The Texas University System, Texas A&M Universit their members, officers, servants, agent being administered the above indicated concurrent negligence, negligence per se	as A&M University System, y, Texas A&M AgriLife Exte s, volunteers, or employee over-the-counter medicati	the Board or ension, the To s (RELEASEE ions <u>includin</u>	f Regents for the Texas A&M exas 4-H Youth Development P S) against any claims that may g injuries sustained as a resul t	rogram and arise relating to my child
I/We have legal authority to consent to at the program hosted by/at Texas A&N		participant r	amed above, including the adr	ministration of medication
Parent/Guardian Name				
Parent/Guardian Signature				Date



Authorization to Dispense Medication



Participant:		Food Alle	rgy (if applicable):			Medication	(Listed Be	elow)
All medication to be admin	istered must co	mply with the followi	ng guidelines:					
Sharing of prescription 2. All medication must 3. Please include instruction, include in the control of the con	ion medication is be accompanied uctions for over tuding over-the-cathange in the dos	s not allowed. Inhalers d by this dated medication the counter medication counter, will be given sage, please send a no	ONLY as directed on the la	the prescription ned by the pare bel. octor reflecting	label. ent / legal g	uardian.	cipant's r	name.
Medication	Dosage	Time to be given	Special instructions	Staff use	Staff use only, please do not write here.			
		_						
				6.1				
By signing below, I certify that Staff or designated Volunteers		•				d only by AgriLif	e Extensio	on
Parent/Guardian Name								
Parent/Guardian Signatur	e			Date				

LAKE TOMAHAWK CHRISTIAN RETREAT CENTER

408 Lake Tomahawk Rd., Livingston, Texas 77351-9510 800.522.6720 • 936.563.4644 • 936.563.4630 (Fax) www.laketomahawk.org

2022

ADULT REGISTRATION MEDICAL / LIABILITY RELEASE FORM

INSTRUCTIONS: Complete the Registration form in its entire egibly in Dark Ink.		
DATE://		
Name:First Middle Last (inc	ndicate name used)	
	акате извиј	
Address: City	State	Zip
		- r
Birth Date:/ Age Now: Sex: (M/F) S Mo. Day Year	Social Security No.: (SS # not required but needed in a	case of admittance to hospital.)
Phone Number: Daytime: () Evening: (
Email: Occupation:		
Name of Church or Group with whom you are attending:	City:	State:
	provided thorough and accurate medic Health Information: Do you have, Recent Serious Injury?	or have you had
	Recent Surgery? Chronic Medical Condition?	☐ YES ☐ NO ☐ YES ☐ NO
	Other Health Concerns?	☐ YES ☐ NO
About and the state of the stat	If YES to any of the above, please	describe:
Medications you take occasionally (headaches, etc.)	Special Diet?	
All the second of the second o	Date of last Tetanus Shot?	
A A Library As a second of the	Allergies: Food?	Drugs?
Do you plan to bring these or any other medications to camp with you?		Other?
YES NO		
	mi the many its	and the state of t
Person to Notify in Event of Emergency:		
Phone Number of Contact Person: Daytime ()	Evening ()	Other ()
Family Physician:	Phone: ()	
Medical Insurance Co.:		
nsured ID or Member #:		
It is recommended that you attach a photoc		ance card.
PASTOR, STAFF, GROUP (State Law Ro The person above is known by me. To my knowledge, this person has not been con ull responsibility for this person serving as a camp sponsor working with minors.	Requirement)	st minors in his/her back-ground. I assume
Signature of Pastor, Staff Member, or Group Director Date		

IMPORTANT... SEE ADDITIONAL PAGES FOR MANDATORY RELEASE and CAMP RULES



CAMP RULES

- All medications are to be listed on the Registration/Medical Release form. All medications must be in original bottle and/or container. Students are not to share any medications, including over-the-counter medications.
- Students are not permitted to remain in their dorm rooms without adult supervision.
- Prank supplies are not allowed (e.g. shaving cream, body paint, water balloons, water guns/blasters, flour, confetti, silly string, etc.). There are no 3. exceptions.
- At no time is a student to go to the lake without adult supervision. No one is allowed in the water at any time other than during specified water-4. front times approved by LTCRC and in specified waterfront areas under LTCRC lifeguard supervision. Lifejackets are required for certain lakefront activities, regardless of a person's age or water safety ability.
- No one is allowed on the ropes course (Tower or any part of the Zip line or Poles) at any time other than during specified ropes course times approved by LTCRC and under LTCRC supervision.
- Drugs, alcohol, any form of tobacco, firearms, knives, or any kind of weapon, or fireworks are NOT allowed.
- Campers are expected to reflect a Christian example by their dress. Shorts can be worn to worship but must be longer than the arm and hand when extended down the side of the person. Modest skirts and dresses are acceptable in worship, and jeans are always acceptable. Immodest shorts or tops, spaghetti strap tops, distasteful designs or messages, and other extreme clothes are not acceptable at any time. Only one-piece swimsuits are allowed. Bikinis, French cut or one piece resembling two-piece swimwear will require a dark colored t-shirt to be worn over them. Campers may be asked to change their attire if an adult feels their dress is inappropriate. SHOES MUST BE WORN AT ALL TIMES.
- Refrain from Public Display of Affection with others.
- 9. Under NO circumstances are girls to be in guys rooms or guys in girls rooms.
- 10. No fighting is allowed.
- 11. Students are to respect all adult leaders and follow their instructions. All adults-members of LTCRC leadership team, church leadership teams, and adult volunteers-are in places of authority over all students. They have been trained in how to guide students for each particular event.
- 12. Everyone must attend all scheduled events. If your group is in an activity, whether in the classroom or on the athletic field, you must be with
- 13. Campers MUST be in the dorm by designated camp curfew. Your curfew is for your security and for your mental and physical well-being.
- 14. Guests are not allowed to bring pets on campus.

AGREEMENT TO PARTICIPATE AND RELEASE OF LIABILITY

SAN JACINTO BAPTIST ASSOCIATION d/b/a LAKE TOMAHAWK CHRISTIAN RETREAT CENTER hereinafter referred to as the "Camp" or "LTCRC" requires signatures below for all attendees of the Camp and all participants in any Camp activity.

Attendance and Activities at Camp may include warm-ups, games, group initiative challenges, and/or other rigorous physical adventure activities as well as exposure to the elements, including animals, snakes and insects. Camp takes all reasonable precautions to ensure you have a safe and enjoyable experience. Part of the experience can be physically demanding and include varying levels of stress and anxiety, not all of which can be foreseen. The decision to attend the Camp and the decision to participate in any Camp activity at any level is at all times completely up to the camper, with permission, or the adult attendant. If there is attendance at the Camp and participation at any level in any Camp activity, there is a risk, which must be assumed by each Camper, with permission, and/or Attendee participating in the Camp activity. Depending on the programming designed by your Church or Group Sponsors, the Camp activities may include some or all of the following rigorous physical activities:

Waterfront:

Water Crafts, including canoes and paddle boats, Swimming, Water Toys, including but not limited to Waterslides, Water trampoline, Climbing structures and the Blob. Access to some of these water toys includes climbing heights anywhere from 12 feet to 25 feet. Access to the Wet Willy slide requires climbing the tower stairs, which extend 25 feet above the ground. The Blob climbing tower is 17 feet above the water.

While the Camp provides life jackets and/or vests for all waterfront activities (with the exception of the swimming area for those swimmers demonstrating sufficient swimming proficiency as determined by the Camp) as well as certified lifeguards during all scheduled waterfront activities, inherent risks associated with participation in waterfront activities in any natural body of water range from minor bruises and scrapes to severe and potentially paralyzing injuries, including death.

Rock Climbing Walls and Ziplines:

As a component of the Camp's Challenge Course, two rock climbing walls may be used as a component of your Church or Group's programming. These rock climbing walls permit campers and adult participants to climb to heights of 40 feet above the ground. Rock climbing harnesses and spotters will be utilized during this activity. In addition, Ziplines extending 900 feet over the lake require climbing a tower 55 feet high before ziplining across a portion of the lake to the endpoint, 12 feet above the ground. The Ziplines and Rock climbing walls are supervised by certified camp instructors and appropriate harnesses and equipment will be utilized on the ziplines.

While the Camp provides appropriate safety equipment and certified staff during all scheduled rock climbing and ziplining activities, inherent risks associated with participation in rock climbing and ziplining activities may range from minor bruises and scrapes to severe and potentially paralyzing injuries, including death.

Recreational Sports and Outdoor Activities:

Additional programming by your Church or Group may include camp activities including Backpacking, Camping, Basketball, Football, Baseball, Softball, Volleyball, and any and all other camp and recreational sports, activities and games. Your participation in said recreational sports and activities is at your own risk. While unlikely, risks associated with participation in said activities range from minor bruises and scrapes to severe and potentially paralyzing injuries, including death.

IMPORTANT... SEE ADDITIONAL PAGE FOR MANDATORY RELEASE and SIGNATURE:



AGREEMENT TO PARTICIPATE AND RELEASE OF LIABILITY (Continued)

In order to participate in each of the three categories of Camp activities described above, your consent to release the Camp from any liability, including liability as a result of the Camp's own negligence, is required by the adult participant or the parent or legal guardian of a minor participant. Absent completion of all documentation, participation in Camp activities is prohibited.

"I UNDERSTAND THAT ATTENDANCE AT THE CAMP AND PARTICIPATION IN ANY CAMP ACTIVITY MAY BE PHYSICALLY AND EMOTIONALLY DEMANDING. I RECOGNIZE THE INHERENT RISK OF PHYSICAL AND/OR EMOTIONAL INJURY OF ATTENDING CAMP AND PARTICIPATING IN ANY AND/OR ALL CAMP ACTIVITIES. I UNDERSTAND THAT EACH PARTICIPANT MUST ASSUME THE RISK OF ANY INJURY, PHYSICAL AND/OR EMOTIONAL, AND ANY FINANCIAL RESPONSIBILITY THAT COULD RESULT FROM ATTENDING CAMP AND PARTICIPATING IN ANY CAMP ACTIVITY. I AGREE TO ASSUME SUCH RISKS AND SUCH RESPONSIBILITY. I, ON MY BEHALF, AND ON BEHALF OF MY HEIRS AND ASSIGNS, HEREBY RELEASE, DISCHARGE, INDEMNIFY AND HOLD LTCRC HARMLESS FROM ANY AND ALL CLAIMS, PHYSICAL AND EMOTIONAL, INCLUDING BODILY INJURY, I SUSTAIN IN CONNECTION WITH MY ATTENDANCE AT CAMP AND MY PARTICIPATION IN ANY AND ALL CAMP ACTIVITIES, INCLUDING WATERFRONT ACTIVITIES, ROCK CLIMBING AND ZIPLINING AND/OR RECREATIONAL AND OUTDOOR ACTIVITIES. SPECIFICALLY, I HEREBY INTEND TO FULLY RELEASE, DISCHARGE, INDEMNIFY AND HOLD LTCRC, ITS OWNERS, OPERATORS, MEMBERS, MANAGERS, EMPLOYEES, TRUSTEES, INSURERS AND STAFF HARMLESS FROM ALL SAID CLAIMS OR INJURIES, INCLUDING DEATH, WHETHER KNOWN OR UNKNOWN, TEMPORARY OR PERMANENT, ARISING OUT OF LTCRC'S OWN NEGLIGENCE, BREACH OF DUTY, MISREPRESENTATIONS, NEGLIGENT OR OTHERWISE, AND/OR ARISING OUT OF THE CONDITION OF ITS PREMISES."

I understand the directors of Lake Tomahawk Christian Retreat Center reserve the right to dismiss, without refund, any participant whose influence is detrimental to the operation of the camp, as determined by the discretion of the directors. I understand that the use of alcohol, tobacco products, and illegal drugs is strictly prohibited at all Lake Tomahawk Christian Retreat Center programs.

RELEASE OF PHOTOGRAPHS, VIDEO, AUDIO AND RELATED MEDIA FORMATS TO CAMP:

Please acknowledge your release of the Camp to photograph and/or use photographs of you in its publicatior tional purposes, internet, and/or visual presentations which inform people of the services and activities of Car appropriate box:	s, advertising, promo- np. Please mark the

☐ Permission Granted	☐ Permission <u>Deniea</u>
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REQUIRED SIGNATURE:

The signature provided confirms I have read the Camp Rules, the Agreement to Participate and Release of Liability, the Release of Photographs, Video, Audio and Related Media Formats (or had someone read them to me) and freely and voluntarily agree to the terms and conditions of this Release in order to participate in any and all Camp Activities unless specified above. I acknowledge the information I have given is correct to the best of my knowledge. Furthermore, I give permission for Lake Tomahawk Christian Retreat Center staff to provide and authorize any medical treatment necessary.

X Required Participant Signature	Print Name Clearly	Date