District 9 4-H Food Show | Presentation Scorecard

Contestant Name: County:

Age Division: Junior Intermediate Senior

Entry Category: Appetizer Main Dish Side Dish Healthy Dessert

	Comments	Points	Score
I. PRESENTATION			
Theme: • How does the theme fit with the dish?		(5)	
 Knowledge of MyPlate: Food group(s) represented in dish. Serving amount needed from each group daily for age. How did MyPlate guide choice of dish? How does this dish reflect MyPlate? 		(10)	
Nutrition Knowledge: • Key nutrients of dish and function of those nutrients		(10)	
Food Preparation: • Preparation key principles and function of key ingredients • Healthy substitutions		(10)	
Food Safety Concerns & Practices: • Knows food safety concerns in preparation and storage of dish • Follows FightBAC principles		(10)	
II. INTERVIEW (category specific)			
Judge's Questions		(15)	
4-H Food & Nutrition Project Activities		(10)	
III. FOOD PRESENTATION/QUALITY			
 Appearance of food (texture, uniformity) Garnishing 		(5)	
IV. EFFECTIVENESS OF COMMUNICATION			
Voice, poise, personal appearance		(5)	
V. SKILL SHOWCASE SCORE			
Proper demonstration of assigned skill.		(10)	
Additional Comments are on Back of Form	Total Points	Possible (90)	
VI. KNOWLEDGE TEST SCORE	Total Points	Possible (10)	
	To	tal Points	