



➤➤➤ Safety Guide: Guidelines for a Safe Duds to Dazzle Contest

General Guidelines

- Keep your work station and the floor area around your work station clean.
- Keep shoes on at all times – you don't want to step on stray pins or needles.
- Your work station must be clean before you leave.
- Make sure you have a first aid kit available for minor injuries.

Sewing Equipment

- NEVER put pins in your mouth; use a pin cushion.
- Hand sharp objects handle first to another person.
- Walk with scissor blades pointing towards the floor.
- Keep shears, scissors, and rotary cutters closed when not in use.
- Seam rippers are sharp and can cut or puncture you.
- Cut away from you.
- Do not cut toward your other hand.
- Do not attempt to catch a dropped pair of scissors. Let them fall and then pick them up.

Rotary Cutters

- Always cover your cutter blade with its protective cover when it's not in use; it's a good habit to form.
- Handle replacement blades with care.
- Cut away from your body.
- Don't throw old blades directly in the trash can; put them in an old case or wrap in heavy paper.
- Always use a ruler.
- Always use a rotary mat!
- Keep fingers and knuckles away from the ruler's edge where the cut will be made.
- Never have pins on your mat or try to cut fabric that has pins in it. As soon as you roll over a pin with your cutter, you will have a dead spot in the blade, which will not cut through the fabric.
- Stand over your work when cutting, so that you are looking directly down on your ruler.
- Keep the blade vertical against the ruler, not tilted.
- The blade side of the cutter, should be closest to the ruler.

Iron Safety

- Iron on a high, stable surface, such as an ironing board.
- Make sure the electrical cord is out of reach.
- Unplug the iron immediately after use, and place it out of the way.
- Only touch an iron on the handle!
- Keep your fingers and face away from the steam and soleplate on the iron.
- Rest the iron on its heel, not flat down on its soleplate.

Hot Glue Gun

- Place a piece of paper or cardboard under the safety stand to catch hot glue drips and prevent damage to the underlying surface.
- Always focus on the gluing task. If you need to look away from gluing, put the hot glue gun down.
- Do not touch the heated nozzle of a hot glue gun.
- Never leave a hot glue gun unattended.

Sewing Machine

- Thoroughly review and understand information provided in the owner's manual, with particular attention to safety procedures.
- Use an appropriate speed when sewing.
- Keep your fingers away from the needles and all moving parts!
- Don't lean your face too close to the machine – just in case a needle should break.
- Remove pins before sewing over them.
- Unplug electrical equipment by the plug, never by the cord.
- Never operate equipment that has frayed cords!
- Place all electrical cords out of the way so they aren't a tripping hazard.
- Make sure equipment is off before changing needles or any other parts.